



**May 16<sup>th</sup>, 2016 – June 8<sup>th</sup>, 2016**  
 Tommy Douglas Curve Gallery, 2<sup>nd</sup> floor of the  
 John E. Robbins Library, Brandon University

On **May 16th** there will be an opening of the exhibit and reception @ **7 pm** with a few opening comments from **Dr. Kerstin Stieber Roger**, one of the researchers

Male suicide impacts everyone – the men lost to suicide, those at risk, as well as their families and friends – and recognizing this, photographs from men and women who have lost a man to suicide along with men who have had direct experiences of suicidal thoughts are presented to you in the **Man-Up Against Suicide (MUAS)** photo exhibit.



In Canada, men die by suicide up to four times more often than women, but are half as likely to be diagnosed with depression. Many men stay silent because they fear being judged and stigmatized for not living up to ideals of strong and invulnerable manhood.

**Man-Up Against Suicide** is a research project aimed at breaking silences and stimulating conversation on the issue of men's depression and suicide. We collected photos and narratives from 60 Canadian men and women who had been affected by a man's suicide and put them on display in an exhibition that was shown across the country. Included also were photographs and stories of men who had previously thought about killing themselves. These exhibits had a powerful impact on those who viewed them, providing space and inspiration for people to share their own stories. – [manupagainstsucide.ca/about](http://manupagainstsucide.ca/about)

This photo exhibit was shown in 5 sites in Manitoba in order to assist in data collection and to promote this powerful photo exhibit in order to bring attention to this issue in the Prairies. What *are* our key issues here for suicide prevention that we as Manitobans need to focus on?

Dr. K. Roger is an Associate Professor, Community Health Sciences, at the University of Manitoba who has conducted multi-site national and local community-based research related to aging, health and illness, family caregiving.

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Man-Up Against Suicide, led by UBC professor John Oliffe, is one of five projects conducted within the Masculinities, Men's Depression & Suicide Network (MD&S-Net) funded by Movember Canada™.

MD&S-Net, led by John Oliffe and John Ogrodniczuk, includes 35 researchers, graduate students and staff working collaboratively to develop, implement and formally evaluate a suite of men-centred depression and suicide prevention programs.

Movember Canada™ is the funder of the MD&S-Net and the Man-Up Against Suicide project.

The Faculty of Applied Science and School of Nursing at the University of British Columbia also proudly supports the MD&S-Net through additional funding.

